

# # PRESS KIT

## ## *MONA GOLSHANI*

Author of Memoir & Literary Fiction

## ## AUTHOR OVERVIEW

**\*\*Mona Golshani\*\*** is a contemporary author working across memoir and literary fiction. Her writing investigates identity under pressure, silence as structure, and authorship as an act of self-definition.

Rather than pursuing confession or spectacle, Golshani's work emphasizes narrative restraint, ethical precision, and psychological depth. Across genres, she is committed to exploring complexity over resolution and interior endurance over dramatic display.

Her memoir *\*To Enjoy Life\** and her published novels examine the shaping of identity through memory, power, displacement, and survival — not as events, but as sustained conditions of being.

Golshani's literary fiction titles are available on Amazon in print and digital formats, as well as directly as ebooks through her official website.

# ## *SELECTED WORKS*

## ### \*To Enjoy Life\*

Genre: Memoir

Status: Published

A memoir of survival and self-definition.

\*To Enjoy Life\* traces how silence is transformed—not through exposure, but through authorship. The book moves beyond conventional survival narratives, focusing instead on endurance as a sustained internal discipline. It examines how identity is reconstructed through deliberate narrative control rather than emotional disclosure.

## ### Literary Fictions

Status: Published

Golshani's novels extend the thematic architecture of her memoir into fictional narratives.

Her fiction explores:

- Intergenerational inheritance
- Moral and psychological tension
- Power within intimate relationships
- Identity formation under constraint
- Emotional endurance across shifting landscapes

Most titles are available via Amazon and as direct-purchase ebooks through her official platform.

## ***THEMATIC FOCUS***

Mona Golshani's work centers on:

- Silence as narrative architecture
- Survival beyond spectacle
- Authorship as self-definition
- Ethical restraint in storytelling
- Psychological realism
- Identity under social and emotional pressure

Her writing resists simplification. Rather than offering closure, it sustains inquiry. Rather than dramatizing pain, it studies its structure.

## **AUTHOR STATEMENT**

I approach memoir and fiction as forms of narrative inquiry. I am interested in how identity is shaped by pressure — by silence, displacement, inheritance, and memory.

I do not write toward confession. I write toward form, intention, and ethical clarity. For me, authorship is not explanation; it is construction. It is the deliberate shaping of voice in spaces where voice was once restricted.

## ***MEDIA INFORMATION***

### **Available For**

- Print and digital interviews
- Literary features
- Panel discussions
- Podcast appearances
- Conversations on memoir and fiction craft
- Discussions on independent literary publishing

### **MEDIA MATERIALS AVAILABLE**

- High-resolution author headshot
- Book cover files (print & digital formats)
- Short biography (75–100 words)
- Extended biography
- Selected excerpts
- Direct purchase and retail links

## ***CONTACT***

For media inquiries, speaking invitations, and interview requests:

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